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CHAIN METHOD "NOLA"

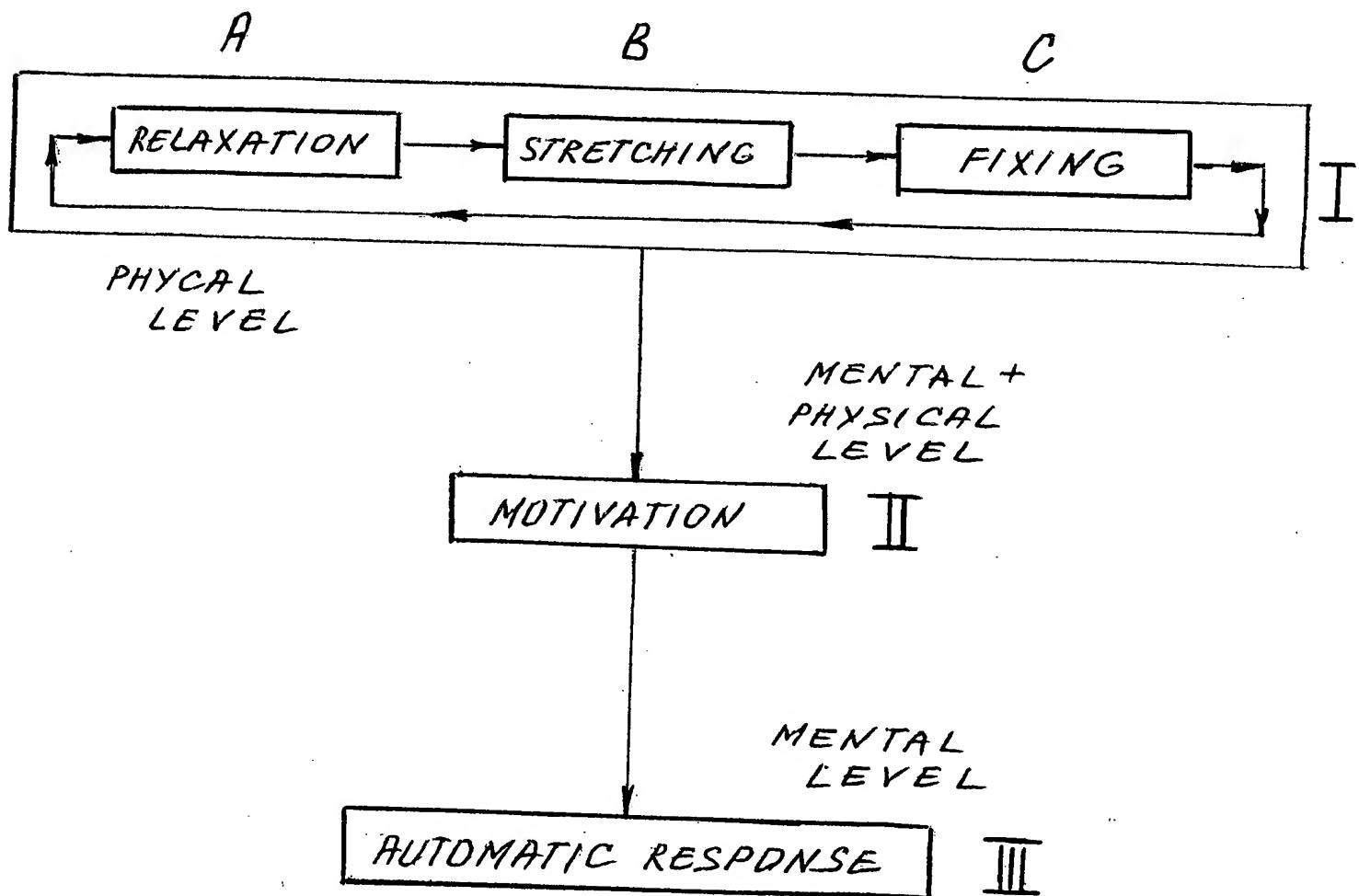
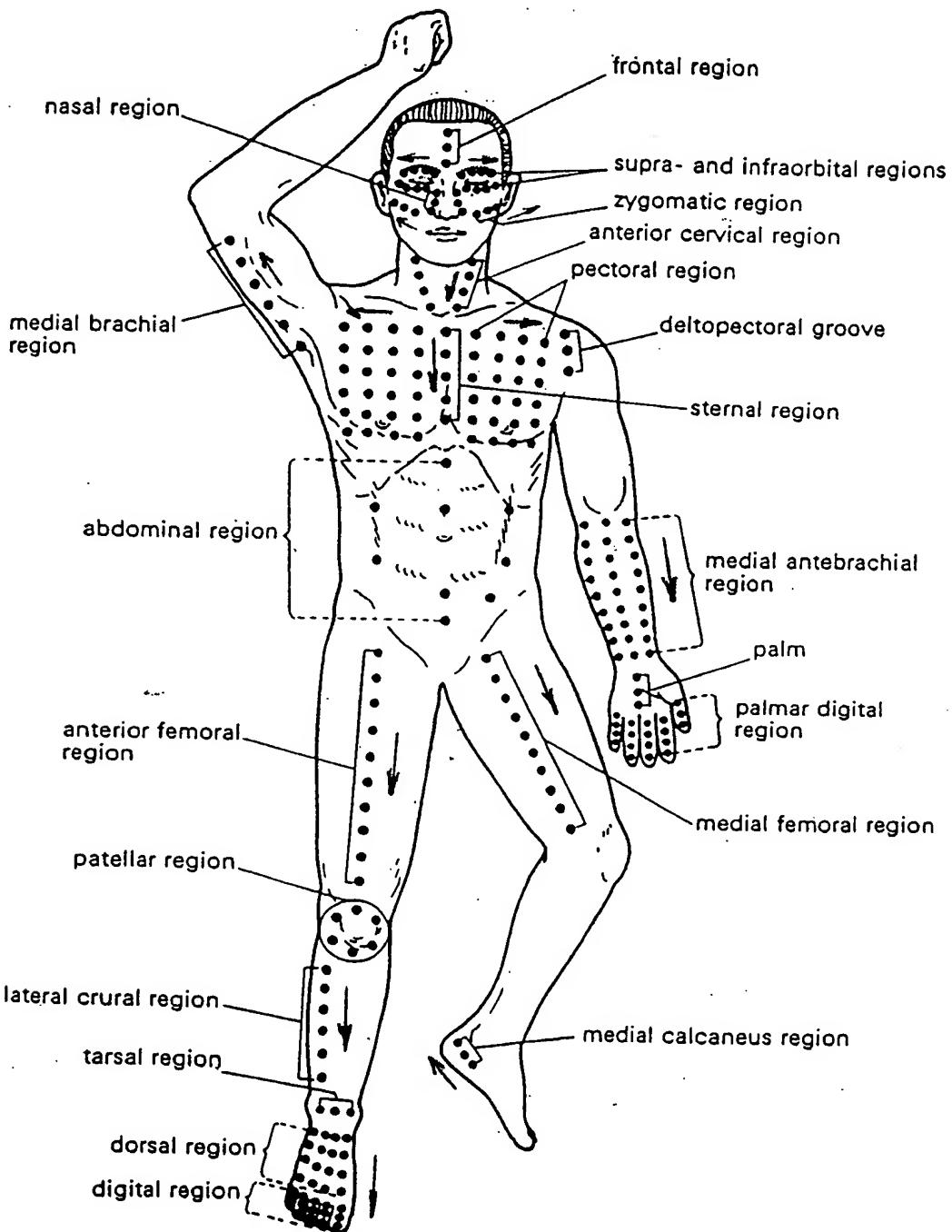


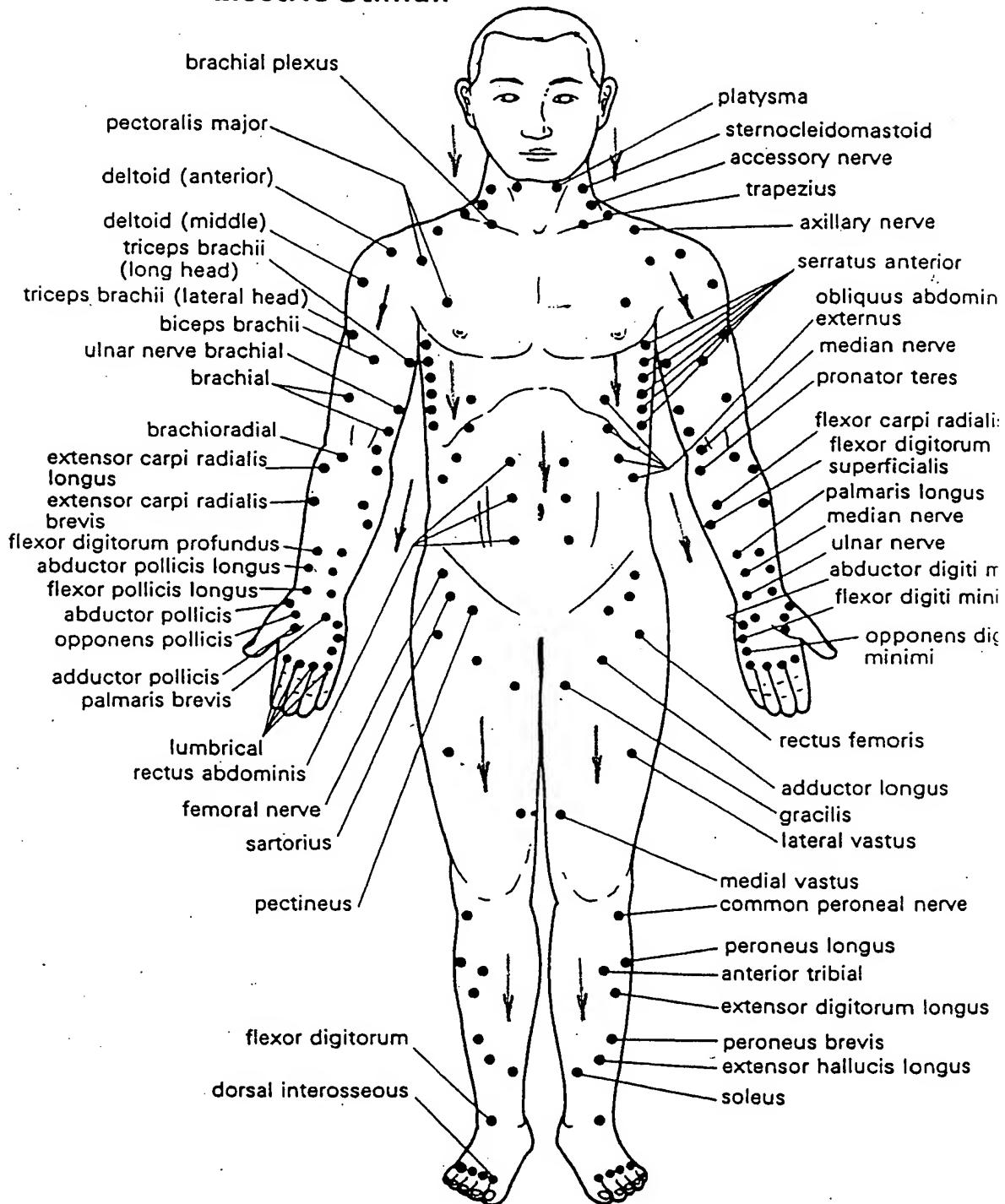
FIG. 1

FIG. 2

Basic Shiatsu Points (anterior)



Muscle and Nerve Points for Motor Reflex to Electric Stimuli



Basic Shiatsu Points (lateral)

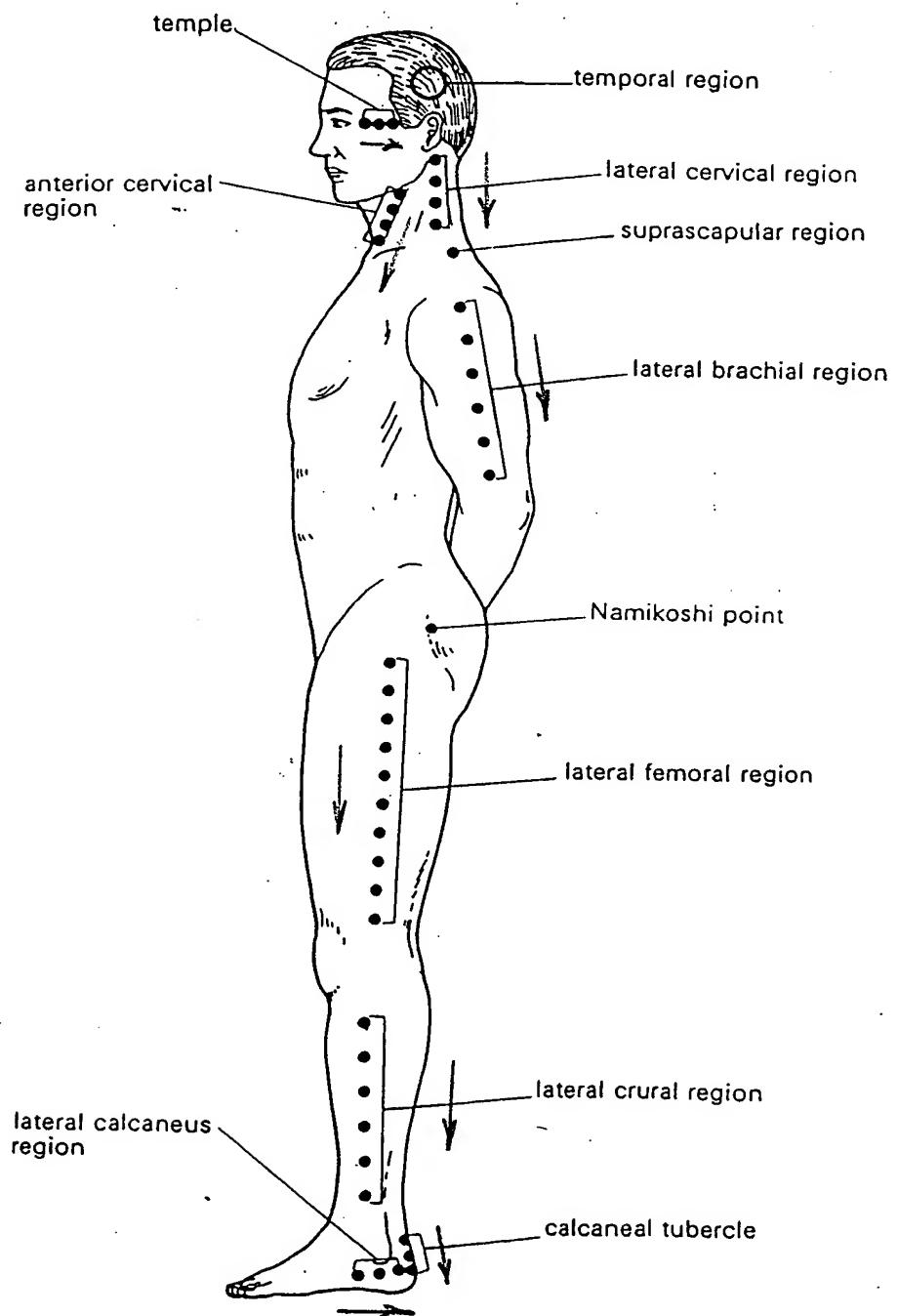


FIG. 4

Basic Shiatsu Points (posterior)

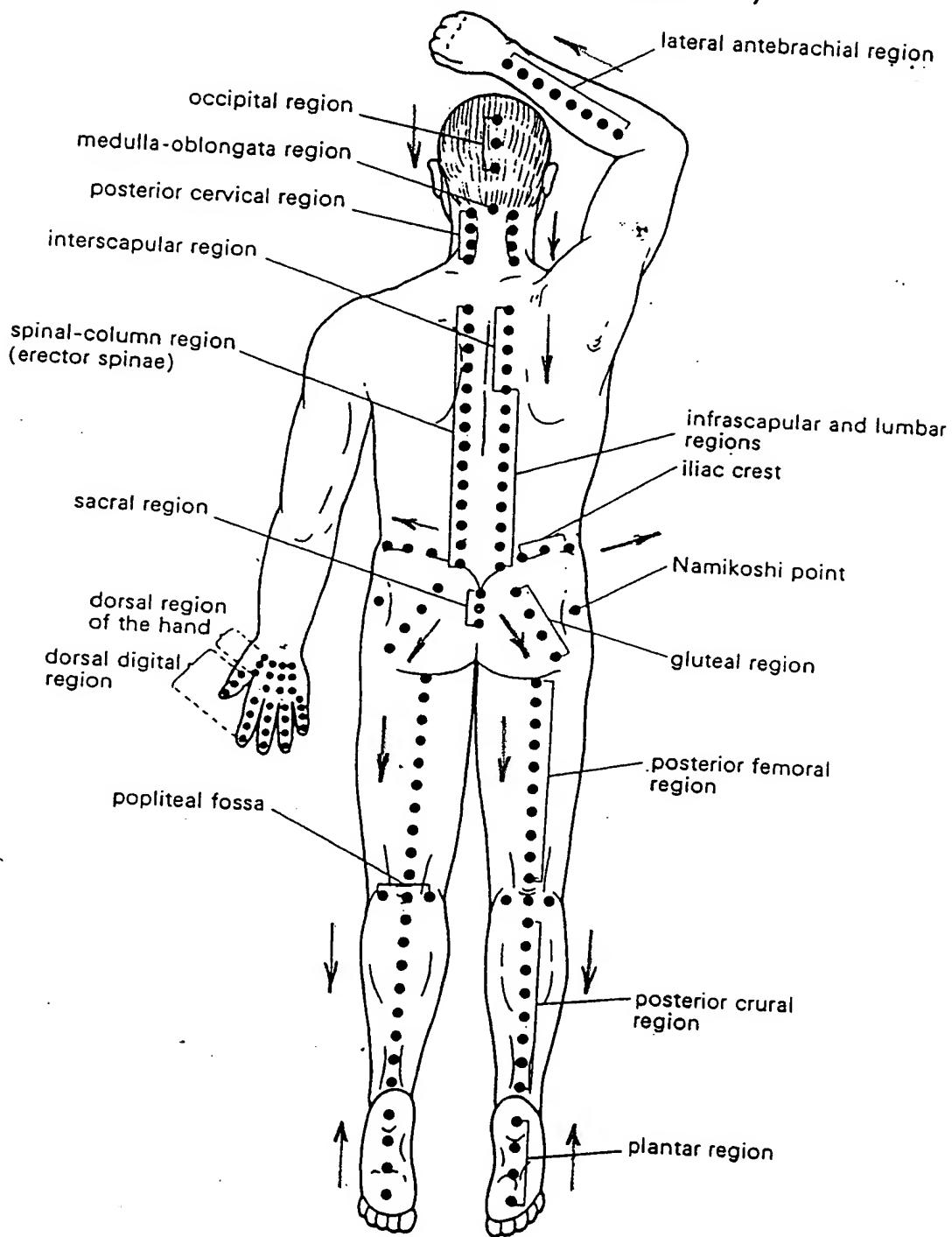
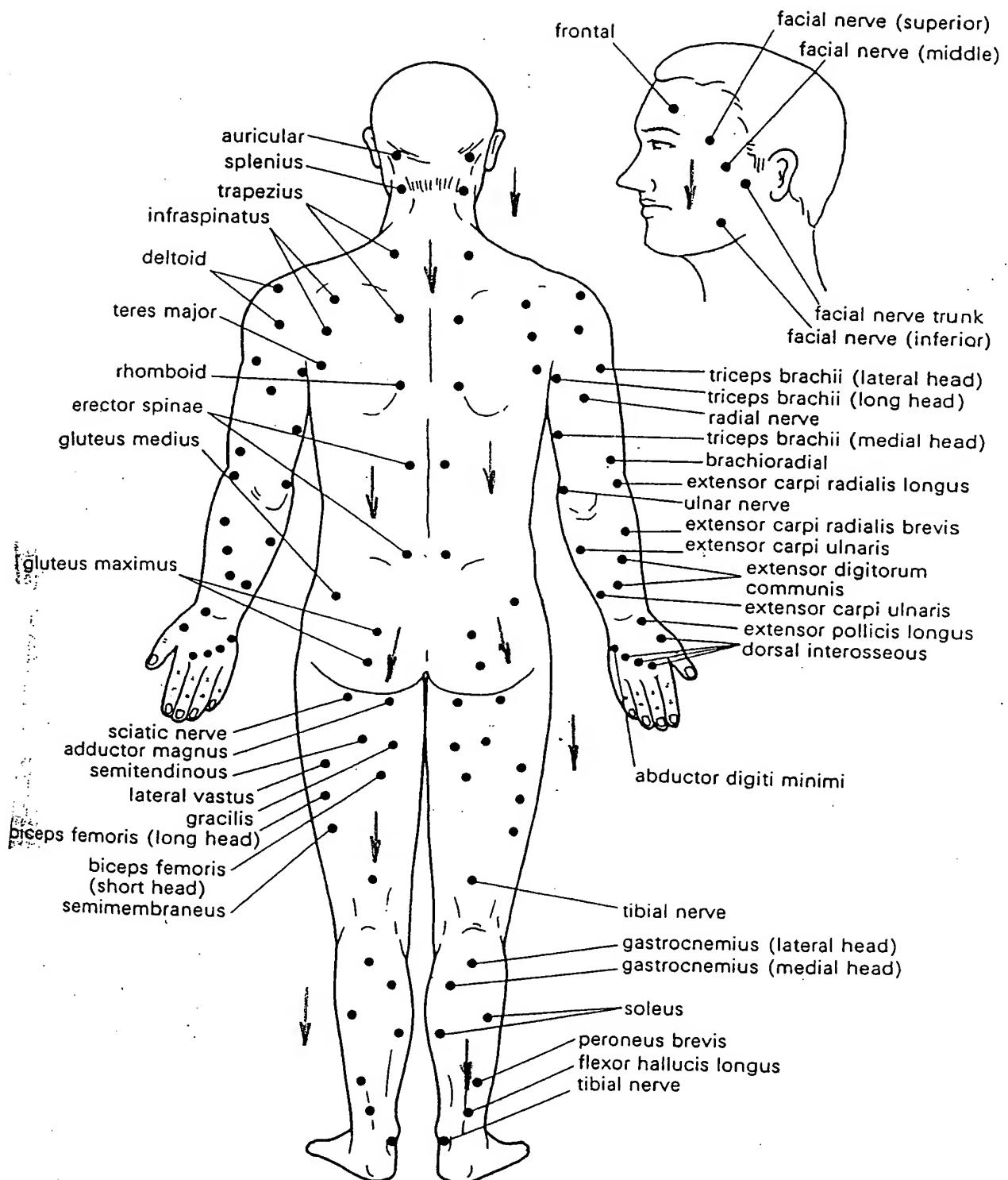


FIG. 6



STATE B - "STRETCHING"

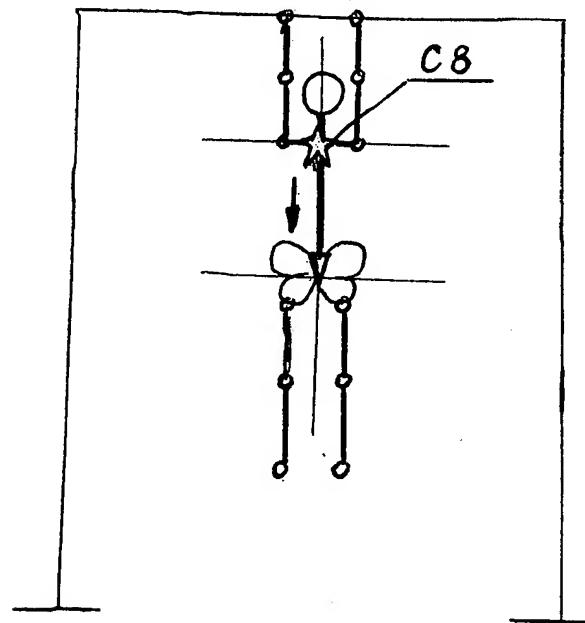


Fig. 7

STATE C - "FIXING"

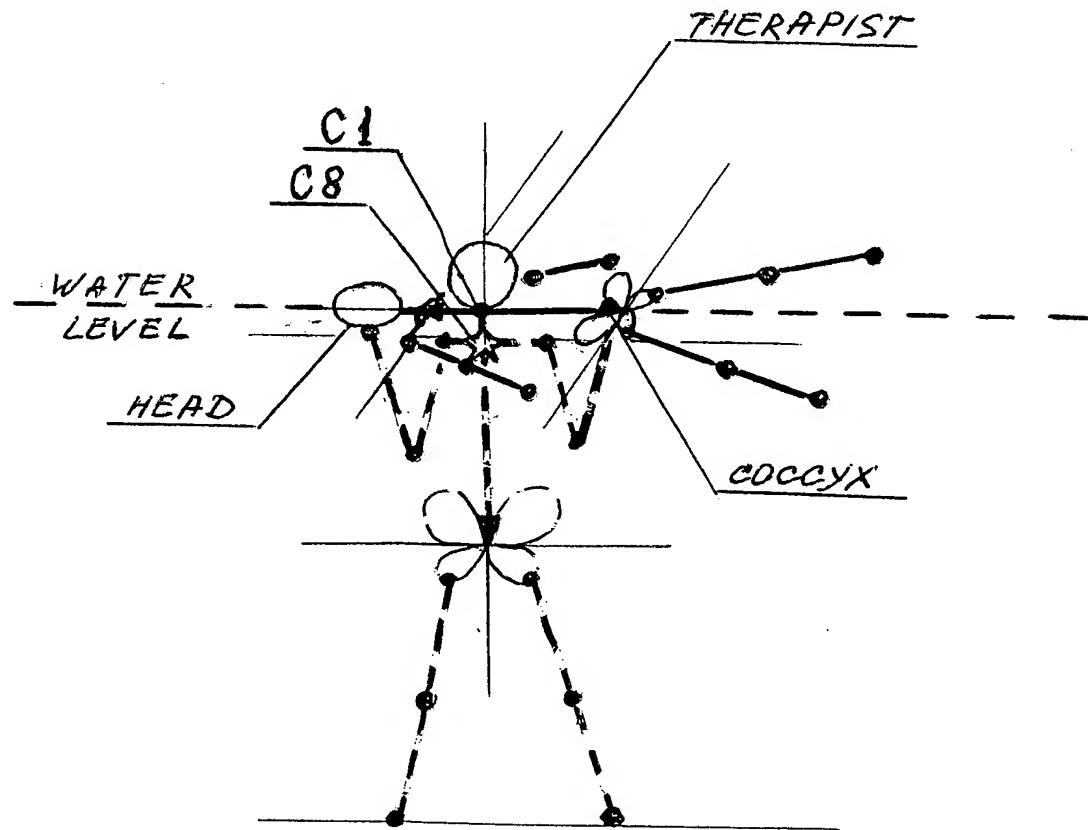


Fig. 8

FIG. 9

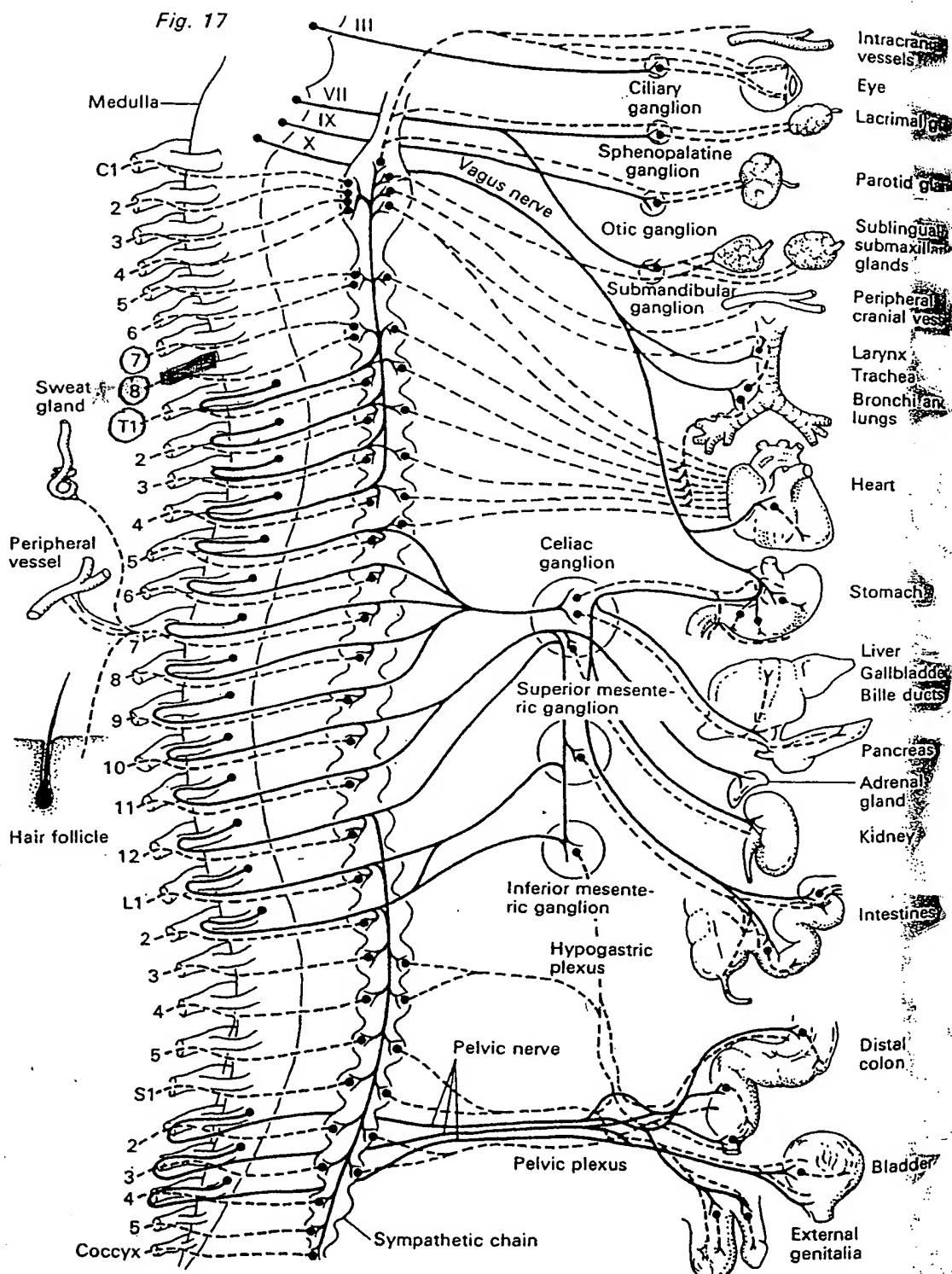


FIG. 10

